

What is SEEDS?

The SEEDS of Early Literacy is an educational framework. The SEEDS acronym represents what matters most—quality interactions between children and adults. When children engage in SEEDS quality interactions, they are more likely to enjoy learning and continue on the road toward language and literacy.

Infant and Toddler SEEDS Scope and Sequence

Module 1: Relationship-Based Interactions

Participants can:

- State what the SEEDS Model is and how to use it to build strong relationships with the children in your care
- Identify the five key domains of early child development
- Describe how children's brains develop and process information
- Describe how caregiver behaviors and the physical environment of the classroom affect children's emotions, their ability to self-regulate, and their availability for learning
- Describe the impact of stress on children's brains
- Demonstrate ways to interact with children and to set up your learning environment to lower stress and promote self-regulation

Module 2: SEEDS Quality Interactions

Participants can:

- Describe how to plan SEEDS Quality Interactions into daily routines
- Discuss the hierarchy of human needs and the stages of psychosocial development
- Understand how having their needs met consistently helps children maintain equilibrium
- Choose strategies for helping children regain equilibrium when they get out of emotional balance
- Discuss the importance of caregiver emotional availability and how caregivers communicate emotional availability to children

Module 3: Motor Skills and Social-Emotional Development

Participants can:

- Describe what motor skills are and why they are important to a child's growth and development
- Describe what social-emotional skills are and why they are important to a child's growth and development

- Understand how children use behavior as a way to communicate their needs, wants, and feelings
- Understand how children develop emotional control and ways to support that development
- Explain why and how to explicitly teach children about their feelings
- Explain why and how to explicitly teach children about the concept of cause and effect
- Explain why and how to explicitly teach children about consequences
- Describe how to help children take a break to deal with over stimulation, to learn to self-regulate, and to retain emotional balance

Module 4: Language Development, Phonological Awareness, and Phonological Memory

Participants can:

- Understand language development and how important it is for caregivers to talk to infants and toddlers frequently
- Describe language processing in infants and toddlers
- Describe the stages of language development
- Choose strategies to promote language development
- Describe the importance of Phonological Awareness and Phonological Memory
- Demonstrate ways to promote children's development in Phonological Awareness and Phonological Memory

Module 5: Visual Discrimination, Early Literacy, and Early Numeracy

Participants can:

- Understand the importance of children's ability to recognize details in visual images
- Describe the stages of skill development and activities to support Visual Discrimination
- Define emergent literacy
- Demonstrate how to build emergent literacy through reading aloud, repeated reading, and dialogic reading
- Define early numeracy

For information on the SEEDS model

<https://fluentseeds.org/>