

## ONLINE ACTIVE RECESS TRAINING

## 4

## 10 Modules = 8 hours of Asynchronous Training

- Getting Started/Setting the Stage
- The Importance of Recess and Comprehensive School Physical Activity Programs
- 4Ss Philosophy and Appropriate and Inappropriate Practices
- Active Recess Committees and Supporting CDC/SHAPE America Recess Documents
- Safetu
- Indirect Recess Strategies
- Direct Recess Strategies
- Indoor Recess
- Behavior Management
- Other Comprehensive School Physical Activity Program Strategies



## TO REGISTER: EMAIL KEELY IHRY KEELY.IHRY@K12.ND.US

All training materials will be accessed via Microsoft TEAMS. You will register with Keely Ihry. Once registered, participants will receive instructions on how to access the training materials.





